



Debra Engle

— biography —

Debra Engle is the author of *The Only Little Prayer You Need: The Shortest Route to a Life of Joy, Abundance and Peace of Mind*, which will be published by Hampton Roads in the fall of 2014. She also authored *Grace from the Garden: Changing the World One Garden at a Time* (Rodale, 2003), which appeared in *O*, the Oprah magazine.

Her work has been seen in *Country Home*, *Better Homes and Gardens* and other national publications, as well as two international collections of essays. One of those collections, *The Art of Living*, also featured the writing of Deepak Chopra, Mikhail Gorbachev and the Dalai Lama.

She is the co-founder of Tending Your Inner Garden[®], a program of creativity and personal growth for women that has been featured in *TIME* and *Woman's Day* magazines. Deb teaches classes in *A Course in Miracles*, workshops that use journaling and writing as tools for self-discovery, and one-on-one and small-group sessions on creativity, writing, manuscript development and life skills.

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